

St. John Interparochial School



Athletic Handbook for Students and Parents 2016 – 2017

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Principal: Cherie Schlatre
Athletic Director: Chris Harrell
Assistant Athletic Director: Ashton Cagnolatti
Athletic Secretary: Carol Mancuso

PRAYERS BEFORE A GAME

Today is one of those days that we not only test our ability to be an athlete, but as a competitor too. Guide us through our every move and protect us in all of the decisions we make today. Lord, let your light shine upon all of us, and be with us during our hardships. Lord God, keep us safe, and remind us that you are with us in all our victories and defeats, and that you are there guiding and protecting us with your own wings. Thank you, God, for this day, and may you be here to bless this game. Amen.

Heavenly Father, we thank you for the opportunity to play this game. Keep us healthy, bless us all, and help us to do our best in the name of Jesus Christ, Our Lord. Amen.

God our Father, You have created us to strive for the best. Grant to all athletes, coaches, and fans, strength to pursue excellence during this event. We pray for the safety of these athletes; protect them from injury and harm. And finally, we pray for your grace, that you would provide us with the endurance to pursue our heavenly prize: eternal life in Your Son. Amen.

Strong and faithful God, as we come together for this contest, we ask you to bless these athletes. Keep them safe from injury and harm, instill in them respect for each other, and reward them for their perseverance. Lead us all to the rewards of your kingdom where you live and reign forever and ever. Amen.

Dear Lord: You have blessed us with many gifts and talents. We thank you especially for the ability to participate in sports today. Help us to play in a Christ like manner. Help us to play in a way that fosters goodwill and teamwork. Help us to play to the best of our abilities. Win or lose, we hope to have fun, make friends and celebrate life. Amen.

A PRAYER FOR GRACE UNDER PRESSURE

Father, help me to do my best. Help me to be confident, not just in my own skills, but also in the fact that you are always with me. Inspire confidence in me because of your presence in my life. Help me to show goodness and kindness to others and to always be aware of those around me. Help me to have good sportsmanship and to guide me through life. Help me to be able to appreciate my teammates and, win or lose, always have a good attitude. Amen.

“We know that in all of our actions of our life we receive praise and criticism, but perhaps the most emphasis is the one that is devoted to the development of our young people’s body. A school must develop the whole individual. If it insists too much upon the mentality, then we will have a great genius locked up in a body so fragile that it will do no good to society. If it develops the body to the extent of the neglecting the intellectual part, then we will have a misplaced person in our society. We will have someone with a body of great physical health but no mentality – no means of supporting that body.

I think that in our life today everything has a tendency to go overboard. We begin a thing very slowly and it grows. Now children, young men and women, you have to feel that your life at present is a preparation for the future. You must realize the value of things, place emphasis on the important ones and leave the others to themselves. So instead of criticism of having an athletic program in our schools, we must consider it as training for the boys and girls that are entrusted to our care so that they may become valuable citizens. Not only an intellectual genius but also a person who has health and a resistance to carry out that intellectual ability. Now this is training. After all, school doesn’t teach you just knowledge. It is to train you so that in afterlife when a situation presents itself you will be able to meet it.”

~ from a speech made by Monsignor Leonard Robin
at the 1958 St. John High School Athletic Banquet

Mission Statement

St. John Interparochial School provides a disciplined, nurturing environment guided by Catholic values, where students grow through rigorous academic experiences, faith and moral formation, and opportunities for service and leadership.

Philosophy

The St. John Athletic Department views interscholastic athletics as an opportunity for student participation in an organized, competitive environment. Athletics provide more than exercise and competition. Sport, at its best, teaches the virtues of humanity: courage, grace, persistence, discipline, and greatness of spirit. St. John Interparochial School, as a Catholic school, supports athletics as intrinsic to the spiritual as well as the physical well being of young people. Sports is a vehicle through which young people can learn to work together toward a common goal, respect others, build confidence and develop sound values that will remain with them the rest of their lives. While the ultimate goal of athletic competition is to know victory, the achievement of objectives such as fair play, sportsmanship, skill acquisition, and work ethic cannot be overlooked. Winning traditions are founded upon the concepts of pride, respect, dedication, character, and loyalty. Coaches, athletes, and parents alike must strive to ensure that the athletic teams at St. John represent themselves in a Christian manner that is conducive to both competitive spirit and good sportsmanship.

There are special standards and expectations in the areas of academics, citizenship, training rules, commitment, and sportsmanship which must be abided by all participants. Therefore, it is imperative that student athletes and parents become familiar with the contents of this handbook and comply with the rules and regulations it contains.

The policies set forth in this handbook are not exhaustive. The principal and/or administration reserves the right to amend these policies at any time for any reason; in addition, the principal and/or administration has the discretion to take action and/or issue disciplinary consequences in any circumstance not specifically detailed herein but deemed inappropriate in any way or in violation of the established values of St. John. If any provision of this handbook is deemed ambiguous by any person, the interpretation of that provision shall be that of the principal and/or administration.

Goals of the Athletic Department

- To foster academic and athletic achievement in students by emphasizing the importance of sacrifice, self-disciplined, and dedication to achieving goals.
 - To develop in student-athletes the desire to continually improve through practice and the development of a strong work ethic.
 - To provide student-athletes the opportunity to demonstrate good sportsmanship and respect for others as a means of learning good citizenship.
 - To develop in student-athletes emotional control, dependability, and respect for rules, property, and authority.
 - To provide student-athletes the opportunity to pursue lifelong physical fitness, conditionings, and better health habits.
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Athletic Programs

Sport	Season	Head Coach	Contact information
Baseball	Spring	Chris Harrell	charrell@stjohnschool.org
Boys Basketball	Winter	Tyler Howsen	thowsen@stjohnschool.org
Cross Country	Fall	Cindy Prouty	cprouty@stjohnschool.org
Football	Fall	Woody Cagnolatti	acagnolatti@stjohnschool.org
Girls Basketball	Winter	Cindy Prouty	cprouty@stjohnschool.org
Golf	Spring	Tyler Howsen	thowsen@stjohnschool.org
Softball	Spring	Cindy Prouty	cprouty@stjohnschool.org
Track and Field	Spring	Woody Cagnolatti	acagnolatti@stjohnschool.org
Volleyball	Fall	Michael Van Lieu	mvanlieu@stjohnschool.org

All coaches may be reached at (225) 687-3056. The athletic office extension is 214.

St. John High School Faculty Coaching Staff

Chris Harrell – Head Baseball, Assistant Football, Athletic Director

Woody Cagnolatti – Head Football, Head Track and Field , Assistant Athletic Director

Cindy Prouty – Head Softball, Head Cross Country, Head Girls' Basketball

Tyler Howsen – Head Boys Basketball, Assistant Football, Head Golf

Michael Van Lieu – Head Volleyball, Assistant Softball

St. John High School is currently a member of the Louisiana High School Athletic Association (LHSAA) and is governed by its rules and regulations. Student athletes and parents should be familiar with the LHSAA rules and regulations, which are found on the LHSAA website at www.lhsaa.org.

Under the guidelines of the LHSAA, St. John High School is a member of District 6-1A and adheres to the by-laws created by those member schools. A copy of those by-laws is available in the principal's office.

Academics

Academic Eligibility

St. John student athletes know education comes first and is our top priority. Thus, athletic participation is a privilege and granted only to those who are deserving of this opportunity.

Academic eligibility is determined by the principal and/or administration. Athletic eligibility will be determined by the principal and/or administration and the athletic director and/or coach. If a student is ruled ineligible the athletic director and an administration member will notify the student/athlete.

High School students must meet all LHSAA eligibility requirements to be eligible to participate in athletics. According to the LHSAA Handbook Section 1.10.17.3b, "To be eligible for the first semester of the school year, a student shall have earned at least six (6) units from the previous year, which shall be listed on the student's transcript and shall have earned at least a "C" average as determined by the Local Education Authority when considering all "graded" subjects." St. John High School defines a "C" average as a 1.5 GPA. All incoming freshmen will be automatically eligible.

For a sport that begins in the first quarter, eligibility will be determined based on the year-end GPA from the previous school year.

Eligibility will be monitored at the semester grades.

According to the LHSAA Handbook Section 1.10.17.3a, "To be eligible for the second semester of the school year, a student shall pass at least six (6) subjects from the first semester."

For a sport that begins when the second quarter report card is issued, eligibility will be determined based on the semester grades.

According to the LHSAA Handbook Section, 1.10.11, "The date for change of eligibility status for the second semester shall be the seventh calendar day following the end of the grading period of the first semester. A student shall then become eligible/ineligible for the second semester."

Athletic Study Hall

Any athlete with a D or an F on his/her quarter report card or progress report card will be required to attend study hall two times a week (Tuesday/Thursday) at 7:00 A.M in the high school. Grades will be monitored at subsequent grading periods; the student will be released from study hall if grades meet stated minimum requirements **at the next grading period.**

Sportsmanship and Code of Conduct

It is the expectation of St. John that everyone will demonstrate good sportsmanship and fair play before, during, and after all athletic contests. Good sportsmanship is teammates, opponents, coaches, and officials treating each other with respect. Students learn the basics of sportsmanship from the adults in their lives, especially parents and coaches. Students who see adults behaving in a sportsmanlike manner gradually come to understand that the real winners in sports are those who know how to persevere and to behave with dignity — whether they win or lose a game. The team and the school are subject to severe penalties

when game officials judge the conduct in our stands to be reprehensible according to LHSAA standards. Personal remarks directed at coaches, players or game officials by any spectator will be brought to the attention of the administrator present and the security officials. Appropriate action will be taken to assure that contests are held in acceptable environments.

Additionally, as stated in the LHSAA Handbook, Section 3.1.6, "No alcoholic beverages shall be sold or consumed at any LHSAA athletic event." Failure to follow the code of conduct set forth in this handbook may result in banishment from future athletic contests.

If a student/athlete is academically suspended from school, then that student is athletically suspended from the next athletic event that he/she participates in.

Athletic competition at St. John School is guided by the following ideals.

Participants:

- Play hard within the rules of the game
- Win with humility, lose graciously
- Respect opponents and officials
- Respect all property and athletic facilities
- Support teammates and coaches

Coaches:

- Serve as a positive role model for their players
- Show restraint and respect when dealing with officials
- Hold players accountable for inappropriate behavior
- Reinforce good sportsmanship in practice
- Support other programs and other coaches on staff
- Refrain from publicly berating players for mistakes
- Act in a professional manner at all times

Spectators:

- Appreciate and commend good effort and skill no matter which individual or team exhibits it.
- Treat officials, opposing cheerleaders, players, coaches, and fans with respect and courtesy.
- Represent St. John School as good ambassadors.
- Remember that the primary purpose of interscholastic athletics is to promote the physical, mental, moral, social, and emotional well being of players through the medium of contest.

Attendance

Summer Conditioning

Any student wishing to participate in athletics at St. John High school is strongly encouraged to participate in the summer conditioning program. This program consists of weightlifting, speed improvement, agility work, and conditioning. Summer conditioning is of the utmost importance to prepare the students for the upcoming year. A calendar and guidelines will be handed out separately.

Games/Practices

It is the expectation of the Athletic Department that student-athletes will attend all practices and/or contests. Being a member of a team is a commitment made by players and their families to coaches and teammates, which may involve giving up school vacation time, weekends, and other activities. Participation on an athletic team may require after-school and/or weekend practices and/or travel during and outside of school hours.

Student-athletes who miss practice and contests for unacceptable reasons should expect consequences to be issued by the coach.

Unacceptable reasons for absence include, but are not limited to the following:

- non-required academic class or group trips
- family vacation during school break periods
- participation with another out of school team in a different sport
- trips to visit relatives during school break or on weekends
- jobs

Acceptable reasons for absence include, but are not limited to the following:

- college visits for seniors (one or two per season)
- family emergencies
- family weddings or funerals

Students who are required to miss classes to travel with a team may be subject to additional academic eligibility requirements; if a student does not meet those requirements, regardless of eligibility for team membership, he/she will not be granted permission to travel with the team during school hours. Students who miss class for an athletic event are expected to make up all missed assignments. According to the LHSAA eligibility guidelines, a student shall not be allowed to miss any class he/she is presently failing. **Furthermore, St. John defines "presently failing" as having an F for the previous marking period.** Moreover a student shall attend school at least one hour prior to release time in order to be released to participate in a contest or practice.

Suspension from school prohibits student-athletes from participations in practice or contests throughout the duration of the suspension. **If there are no contests during the suspension the student-athlete will be suspended from the next scheduled contest.** Furthermore, students who are suspended from school may not attend any school functions throughout the duration of the suspension.

School Attendance and Athletics

On any day a student is absent for any reason, he/she may NOT attend or participate in any athletic practice and/or contest. Only students who are present at school for more than half of the day (four complete periods excluding lunch) will be allowed to participate in the scheduled athletic practice and/or contest. If the absence is a Friday, this policy extends to activities scheduled for the weekend. Express permission from the administration must be received BEFORE the scheduled activity for this policy to be waived.

Awards

Lettering

Earning a varsity letter in a sport is an honor and achievement that shall be beyond just participation. The head coach of each sport will be responsible for making such a determination. In order for a student athlete to earn a varsity letter, he/she should have participated in a quality manner in 50% of varsity games and/or start in 25% of varsity games and/or participate in a playoff game. In case of a special situation, the coach will present the case to the other head coaches and a majority vote will determine if the player earns a varsity letter.

Letter Jackets

Letter Jackets will be standardized for all sports. Our current policy regarding letter jackets is as follows:

Athletes who have participated in the same sport for two years and lettered at least one of those years are eligible to receive a jacket. Additionally, one must be at least a high school freshman to order a jacket. Letter jackets are ordered once a year, at the end of the school year.

Athletic Convocations

There will be two athletic convocations. One for fall sports and one for winter/spring sports.

The following awards will be given at the Athletic Convocation.

Individual Sports Awards

Cross Country: All-Metro Recipients, All-District Recipients, All-State Recipients, Academic All-State Recipients, Captain's Award and Coach's Award

Football: All-Metro Recipients, All-District Recipients, All-State Recipients, Academic All-State Recipients, Offensive MVP, Defensive MVP, Captain's Award and Coach's Award

Volleyball: All-Metro Recipients, All-District Recipients, All-State Recipients, Academic All-State Recipients, Offensive MVP, Defensive MVP, Captain's Award and Coach's Award

Boys Basketball: All-Metro Recipients, All-District Recipients, All-State Recipients, Academic All-State Recipients, Offensive MVP, Defensive MVP, Captain's Award and Coach's Award

Girls Basketball: All-Metro Recipients, All-District Recipients, All-State Recipients, Academic All-State Recipients, Offensive MVP, Defensive MVP, Captain's Award and Coach's Award

Baseball: All-Metro Recipients, All-District Recipients, All-State Recipients, Academic All-State Recipients, Offensive MVP, Defensive MVP, Captain's Award and Coach's Award

Softball: All-Metro Recipients, All-District Recipients, All-State Recipients, Academic All-State Recipients, Offensive MVP, Defensive MVP, Captain's Award and Coach's Award

Boys and Girls Track and Field: All-Metro Recipients, All-District Recipients, All-State Recipients, Academic All-State Recipients, Captain's Award and Coach's Award

Golf: All-Metro Recipients, All-District Recipients, All-State Recipients, Academic All-State Recipients, Captain's Award and Coach's Award

Eagle Pride Award

The Eagle Pride award is the St. John Athletic Department's highest honor awarded to an outstanding senior male and female athlete that exemplifies achievement, leadership, sportsmanship, and character, both on and off the field of competition.

Communication

Once the final team has been selected, a parent information meeting will be held by the head coach prior to the start of the season. At least one parent/guardian is required to attend this meeting.

Parents who wish to meet with a coach should call him/her to arrange a meeting at a mutually convenient time. If concerns still remain, the parent should schedule a follow-up meeting with the Athletic Director.

Parents may contact the Athletic Director at charrell@stjohnschool.org or 225.687.3056 ext 214.

Please keep in mind that the selection to a team, varsity status, positions played, and playing time are all decisions made by coaches.

Communication required from a head coach

1. Expectations the coach has for all student-athletes on his/her team
2. Locations and times of practice sessions and contests
3. Team requirements (i.e. equipment needed) and rules
4. Disciplinary actions that may result in dismissal or suspension from the team
5. Prompt reply to phone or email messages

Communication expected from parents

1. Notification of any schedule conflicts, well in advance
2. Concerns expressed directly to the head coach (when possible players should express concerns with coach)

HSA Eligibility Requirements

4.12.2.5 Diocesan Policy – Equal Opportunity – Athletic Participation

Only students enrolled and in good standing are eligible to participate on teams sponsored by schools in the Diocese of Baton Rouge.

Complete eligibility requirements can be found in the Official LHSAA Handbook located in the principal's office or the athletic director's office or on the LHSAA website at www.lhssa.org.

Expenses

Participation on an athletic team may require expenses related to the sport for which parents will be responsible. Personal items such as socks, shirts, shorts, mouth pieces, etc. shall be purchased by the athlete or his/her parents. Additionally, each athlete will be responsible for purchasing his/her own team shoe for all sports. Other equipment such as helmets, jerseys, pants, pads, etc. will be purchased by the school.

Insurance

Each student athlete is required to provide proof of health insurance. Additionally, student insurance is required by all students as mandated by the Diocese. Such payment is required with registration. It is required that an insurance and health form be kept on file for each student athlete. It should include a release form for emergency treatment.

Medication

Medication, including non-prescription pain relievers such as Tylenol, shall not be administered to or taken by students at school except as outlined below. Students are not allowed to have any type of medication, prescription or over-the-counter, in their possession on school property; medication will be confiscated, reported to the administration, and a parent/guardian will be contacted. Students who have medication on campus may be subject to disciplinary action, including removal from school grounds, at the discretion of the administration.

The administration will make individual arrangements to administer medication in cases of chronic or permanent medical conditions, or medical conditions of long duration, in which medication is essential to ensure attendance. The following procedures must be observed:

- The medication must be brought to school by the parent or guardian in the container in which it was originally packaged. The label must have the name of the student, name of medication, date, dosage, and the specific time it is to be given at school.
- The school medication form and a written request and permission for administration of medication must be completed and signed by the parent or guardian and the physician prescribing the medication. This will release St. John and/or its agents and employees from liability.
- No more than one month's supply of medication should be kept at school. The student should bring empty bottles home.
- Written orders from the physician must detail the name of the drug, dosage amount, and frequency, method of administration, date to be discontinued, predictable side effects or contraindications. Every effort should be made to avoid disruption of a student's instructional time to administer medication.
- The provisions stated here shall not preclude the administration of first aid by the school in the event of injury or accident.
- Students who are prescribed medication that may interfere with their concentration and attentiveness should remain at home until the side effects of these types of medication no longer exist.

Physical Examination

All athletes must have a physical examination on file **prior to the first day of practice**. The physical will last for one year and all forms will be provided to the student-athlete.

Athletic Participation Policy

Student athletes who quit a sport during the season may not participate on any other school sports team until that sport has finished regular AND post season play.

Substance Abuse - Diocesan Substance Abuse Policy (Sec. 4.9.2.11)

Aware of the ever-present danger of the illegal use of chemicals/alcohol by students, the school strives to provide preventative education and a drug-free climate on campus, and at all school-related functions. The use of all chemicals, including tobacco, smokeless tobacco, and tobacco products, alcohol, prescription or over-the-counter drugs, illegal drugs (here and after known as "chemicals") is prohibited. If a drug/alcohol treatment program is mandated, it is to be financed by the parent/guardian. If drug testing is mandated, for suspicion, it is to be financed by the parent/guardian. This Diocesan Substance Abuse Policy must be included in each school's handbook of policies to be adhered to.

- *Tobacco and Smokeless Tobacco* – If a student is found to have in his or her possession any tobacco product on school grounds or at any school-related function, appropriate action will be taken by the administration. Appropriate action may include, but is not limited to, suspension. Any tobacco product found in the student's possession shall be confiscated.
- *Alcohol* – If a student is found to be in possession of, or under the influence of, alcohol on school grounds or at any school-related function, the alcohol will be confiscated and the parent/guardian will be called. Appropriate action will be taken by the administration. Appropriate action may include, but is not limited to, suspension or expulsion.
- *Prescription or Over-the-Counter Drugs* – If a student is found to be in possession of, to have provided or sold a prescription or over-the-counter drug to another person on school grounds or at any school related function, the item will be confiscated, and appropriate action will be taken by the administration. Appropriate action may include, but is not limited to, suspension or expulsion.
 - *Illegal Drugs* – An "illegal" drug is any drug, the possession of which is prohibited by federal, state, or local law. If a student is found to be in possession of, or under the influence of, an illegal drug on school grounds or at any school function, the parent/guardian and civil authorities will be notified immediately and appropriate action will be taken by the administration. Appropriate action will include, but is not limited to, suspension or expulsion.
 - If a student is found to have provided or sold an illegal drug to another person on school grounds or at any school-related function, the parent/guardian and civil authorities will be notified immediately and the student will be expelled.
- *Drug Paraphernalia* – If a student is found to be in the possession of drug paraphernalia, appropriate action will be taken by the administration.
- *Look-alike and Imitation Products* – If a student is found to be in the possession of any substance or product that resembles, imitates, or is intended to give the impression of a chemical, appropriate action will be taken by the administration.
- *Drug Testing* – Drug testing alone is not a substance abuse program. But as part of a comprehensive substance abuse program, testing can be an effective deterrent to substance abuse and an important tool to help educators identify students who need help. Drug testing will be mandated for suspicion of, possession or use of chemicals. If a drug/alcohol treatment program or drug test is mandated, it is to be financed by the parent/guardian.

St. John School Substance Abuse Policy

- No student will consume, use, sell, distribute, or possess any drug or like substance including anabolic steroids and any alcoholic beverage at St. John School or any St. John School function.
- No student shall be under the influence of drugs or alcohol at St. John School or any St. John School function.
- No student will be in possession of any drug-related paraphernalia at St. John School or any St. John School function.
- Any person having reasonable cause to believe that a student is guilty of any of the infractions in statements one through three shall immediately report such information to the school administration.
- As part of our pastoral response to the drug problem, St. John High School may require drug testing of any student who, in the professional opinion of the administration, exhibits behaviors consistent with

use of alcohol or illegal drugs, including steroids. When a student is suspected of such use, his/her parents will be consulted, the student will be screened, and if necessary, referred for treatment in the community and at the parents' expense. Screening, as determined by the school administration, may include a breath test, urine test, or hair sample test conducted at a medical facility approved by the administration and at the expense of the parents. Written results by the facility doing the screening must be submitted to the school administration immediately upon completion of the results. If a student is referred for drug or alcohol treatment, the student and parents must continue the treatment process until released by the counselor providing the services. If the student refuses or prematurely terminates counseling, the student may be asked to withdraw from St. John High School.

- Should a student have a positive drug test, appropriate disciplinary action will be taken. Should the student be allowed to remain at St. John, the student will be required to take random drug tests, at the parents' expense, for the remainder of the student's St. John High School career. Upon a second positive identification of alcohol or other drug use, the student will be subject to corrective action that may include dismissal from St. John High School.
- Depending on the circumstances of an incident or behavior, the administration may report information to the appropriate law enforcement agency.
- If a student intentionally chooses to remain in the presence of another student who is in violation of any of the aforementioned violations, that student may be subject to the same consequences and sanctions as the guilty student.
- Students found guilty of any of these infractions will incur disciplinary measures (see expulsion).
- A Breathalyzer will be used at all dances. Admission will not be allowed if alcohol is detected. Parents and/or civil authorities will be notified and required to come pick up his/her child. Appropriate consequences will follow.

Volunteer Coaches

Parents, volunteer coaches, and other non-faculty individuals with official responsibilities related to a sport at St. John will be provided with policies, guidelines, and requirements for involvement in extracurricular activities. This includes background checks, training and/or certification in child safety-related topics required by the Catholic Diocese.

Other Information

Fathers Club

The St. John Fathers Club was started in 1958 by Monsignor Leonard Robin who enlisted the help of a group of parents dedicated to the creation of the athletic programs at St. John School.

The Fathers Club sponsors several fundraisers throughout the year to help defray the costs of the athletic program. Additionally, each Tuesday, Friday, and Saturday, bingo is held at the St. John Fathers Club Bingo Hall and all proceeds from those games are used for the enhancement of the sports programs at St. John. The Fathers' Club also sponsors the \$10,000 raffle.

Membership is open to anyone who has an interest in St. John and its athletic program. Dues are \$5 annually. Meetings are held at the St. John Fathers Club Bingo Hall on the last Monday of every month beginning with a meal at 7 PM. Everyone is encouraged to become an active member of the Fathers Club. Officers are elected at the May meeting of the Fathers Club. Past Presidents will receive a lifetime, NON-TRANSFERABLE pass to all St. John home athletics events (excluding playoff contests as dictated by the LHSAA). With these passes, the past President and his spouse may be admitted free of charge to the contest in appreciation for the hard work and dedication to St. John Athletics. The passes cannot be used by any other family member or anyone else.

Athletic Bingo Policy

The contribution that bingo makes to the St. John School Athletic Program helps maintain both the number and quality of athletic offerings that the school is able to provide to its students. Bingo, since its inception, has been staffed and run by the Fathers' Club with school parents volunteering to help work the bingo sessions. The Bingo Hall has been renovated and is now a non-smoking environment.

St. John School will assess a \$500 athletic fee per athletic family. However, the athletic fee will be waived if a parent or a designated person works five bingos during the course of the school year. This fee applies to parents who have a child who participates in a sport (grades six through twelve). Cheerleading, dance team, and drum line are not included. If a parent chooses to pay the fee instead of working the bingo, it must be paid in full during registration and is non-refundable. The first five bingos worked are considered athletic bingos. However, each family will receive five school service hours upon completion of the five athletic bingos. Therefore, a family would owe only twenty school service hours when they have completed the five bingos. While additional bingos worked could be applied to the school service hours requirement, they cannot be carried forward to the next school year nor can extra hours be sold.

Parents must contact the Fathers' Club to set up the dates that they will work. The Fathers' Club will keep track of the parents, or the designated person who work the bingos. The parent or designated person must sign-in upon arrival and put forth a significant effort. If a family fails to work the required five bingos by May 1st, the \$500 fee will be assessed. Collection of the fee will be handled by the school, not the Fathers' Club.

A student will be considered a participant in a sport after the first competition. If a student is considered a participant in a sport under this policy and thereafter becomes academically or athletically ineligible, the requirements of this policy still apply.

Homecoming

The Homecoming Court will be made up of only senior girls and senior football players. Senior football players are automatically on the Homecoming Court; no other senior boys are eligible. In the event that there are so many senior football players that all but three or fewer senior girls would be elected to the Homecoming Court, the administration may open the Homecoming Court up to senior boys who are not football players so that all senior girls will be able to participate.

Retirement of Athletic Jerseys and/or Athletic Numbers

On the occasion that it is proposed to retire an athletic jersey or number of a student athlete, a committee will be formed to review the qualifications of the athlete. The committee will consist of the Principal or his/her designee, the Pastor, the Athletic Director, a representative from the Fathers Club and a representative from the Advisory Board. A recommendation from the committee will be made to the Administration of the School by the committee with final approval of the Pastor required.

Fundraising

Student athletes will be required to participate in several fundraisers throughout the year, including but not limited to seasonal dinners.

7th Hour PE

Students who participate in athletics and attend the summer lifting and conditioning program will have the opportunity to be placed in 7th hour PE. This class will be used as an extension to in season athletics. Scheduling conflicts may prohibit participation in 7th hour PE. This decision will be made by the administration on an individual basis.

**ST. JOHN HIGH SCHOOL
SUBSTANCE ABUSE/MISUSE
CONTRACT AND CONSENT FORM**

As a St. John School athlete, I, _____ agree to avoid the abuse or misuse of legal or illegal substances. I hereby grant permission to be tested for substance abuse/misuse during the _____ school year as a participant in any LHSAA sports program. I furthermore agree to cooperate by providing a urine or hair specimen for testing upon the request of my principal. I understand that should my specimen indicate the abuse or misuse of legal or illegal substances, I will be subject to action specified in my school's handbook.

I, _____, parent/guardian of the undersigned student athlete, individually, and on behalf of my child, do hereby grant permission for and consent to said child being tested for substance abuse/misuse in accordance with his/her Student Handbook. I understand that, if any specimen taken from him/her indicates abuse or misuse of legal or illegal substances, he/she will be subject to action specified in the Student Handbook for his/her school.

Date _____
_____ Student Athlete

Date _____
_____ Parent/Guardian

Date: _____
_____ Principal

Date: _____
_____ Head Coach

Sport Parent Code of Conduct

St. John School will follow the National Youth Sports Safety Foundation's Sport Parent Code of Conduct. Parents play an important role in their children's sport experience. Parents should read, understand and sign this form prior to their child participating in a sport for St. John School. Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and could be suspended from the following game. Repeat violations may cause a multiple game suspension, or the loss of privilege of attending games for the remainder of the season.

Preamble

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

• Trustworthiness • Respect • Responsibility • Fairness • Caring • Good Citizenship.

The highest potential of sports is achieved when competition reflects these "six pillars of character."

As a parent or spectator:

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or others.
4. I will learn the rules of the game and the policies of the specific sport and grade level.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
14. I will promote the emotional and physical wellbeing of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

**ST. JOHN HIGH SCHOOL
ATHLETIC PARTICIPATION CONTRACT**

I hereby request St. John School to grant permission for my student to participate in St. John School athletics. I understand that I am entering into a voluntary contract between myself, the parent of _____, a St. John student, and St. John School for participation in school sponsored athletic activities.

I agree to cooperate with and support the rules and regulations of the Diocese of Baton Rouge, St. John School, and to be governed by these rules and regulations as announced to me by the pastor or principal of St. John School, as published in the Student-Parent School Handbook, the Student-Parent Athletic Handbook, and as announced or published in other places by the school administration. I understand that I must be familiar with and accountable for these rules and regulations and the policies and procedures which govern participation in athletics representing St. John School.

As a player, I understand that I must fulfill all religious and academic responsibilities to St. John School and Parish, and conduct myself as a committed Christian in school, outside of school, and in particular at any activity involving athletic competition representing St. John School. I agree to be bound by the rules and regulations regarding athletics and to submit myself voluntarily to the application of the rules.

As a parent of a St. John School athletic participant, I understand my responsibilities and obligations to see that my student fulfills his/her religious and academic responsibilities including school work and homework assignments and complies with the rules and regulations for participation in St. John School Athletics. I further agree that as an adult I will conduct myself in a responsible and mature Christian manner at all times at all practices and games, that I will show respect for authority, and will engage in no activity or conduct which in any way is disrespectful, combative or confrontational, or questions the jurisdiction of the pastor, school principal, coach, officials or anyone connected with the conduct of St. John School athletics.

As a player and parent, we acknowledge that a violation of the rules and regulations may result in forfeiture of ability to participate in athletics representing St. John School.

Our signatures mean that we understand and accept these conditions for the participation of our student and family, which are binding through our student's graduation from St. John School.

***I have read and will abide by the rules stated in the Sport Parent Code of Conduct

STUDENT NAME:

STUDENT SIGNATURE:

_____ Date: _____

PARENT NAME***:

PARENT SIGNATURE***:

(1) _____ Date: _____

(2) _____ Date: _____